



New DDA Family Support and Community Support Waivers

The Arc Maryland 2017 Convention
June 2, 2017

Presenters: Mary Anne Kane Breschi, Director of Family Supports
Rhonda Workman, Director of Federal Programs



Agenda

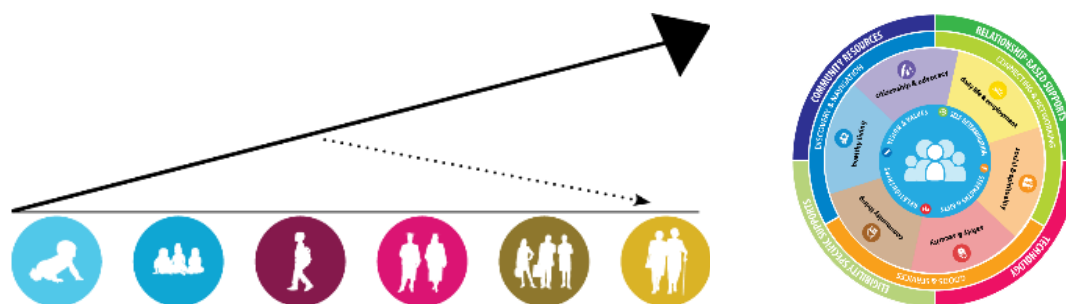
- **Introductions**
- **National Supporting Families Communities of Practice**
- **Maryland's Communities of Practice Supporting Families**
- **New DDA Support Waivers**
 - ✓ **Family Support Waiver**
 - ✓ **Community Supports Waiver**
- **Next Steps**
- **Questions**

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MARYLAND COMMUNITY OF PRACTICE FOR SUPPORTING FAMILIES & The LifeCourse Framework



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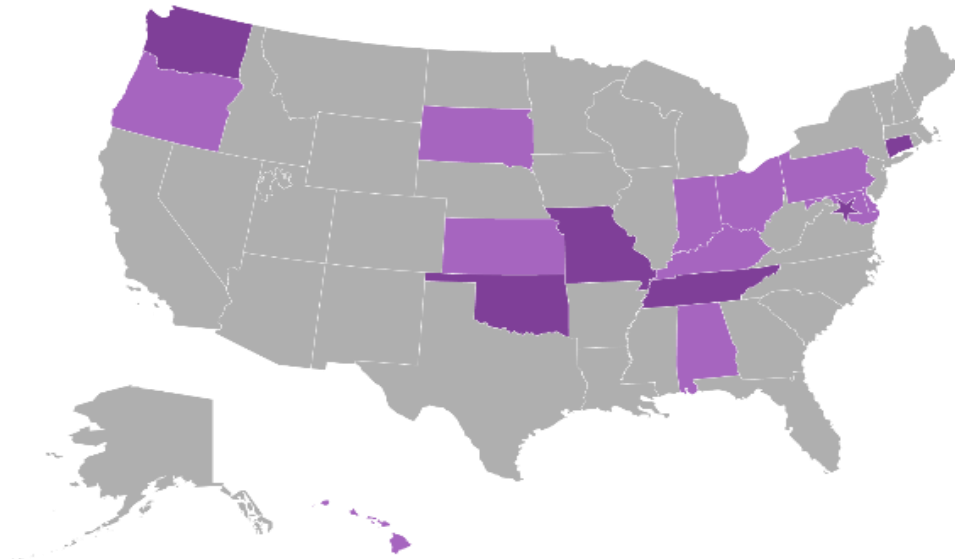


NATIONAL COMMUNITY OF PRACTICE FOR SUPPORTING FAMILIES

<http://supportstofamilies.org/>

Project Goal

To build capacity through a community of practice across and within States to create policies, practices and systems to better assist and support families that include a member with I/DD across the lifespan.



Project Outcome


- State and national consensus on a national framework and agenda for improving support for families with members with I/DD.
- Enhanced national and state policies, practices, and sustainable systems that result in improved supports to families.
- Enhanced capacity of states to replicate and sustain exemplary practices to support families and systems.



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Maryland's Goal

- Build capacity across and within the State to create policies, programs and services based on the current reality of expectations, services and supports. To enhance the lives of MD families  across the lifespan.
- Support families with all of their complexity, strengths and unique abilities so they can best support, nurture, love and facilitate opportunities for the achievement of self-determination, interdependence, productivity, integration and inclusion in all facets of community life.

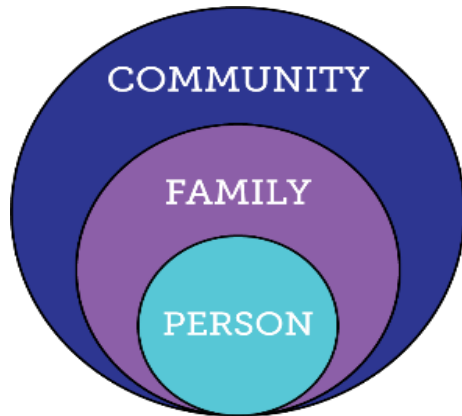


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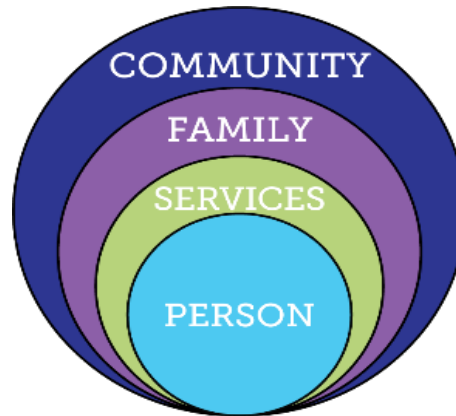


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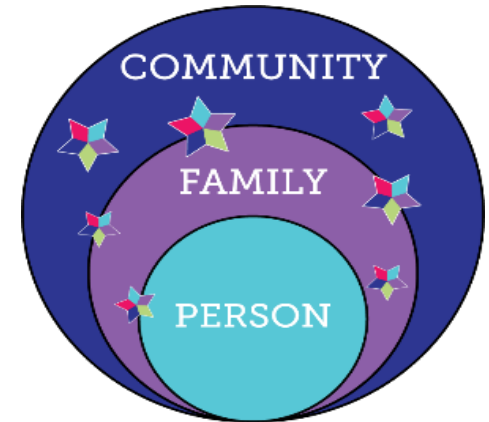
INTEGRATED SERVICES & SUPPORTS



Everyone exists
within the context of
family and
community



“Best Intentions”
Traditional Disability
Services



Integrated Services &
Supports



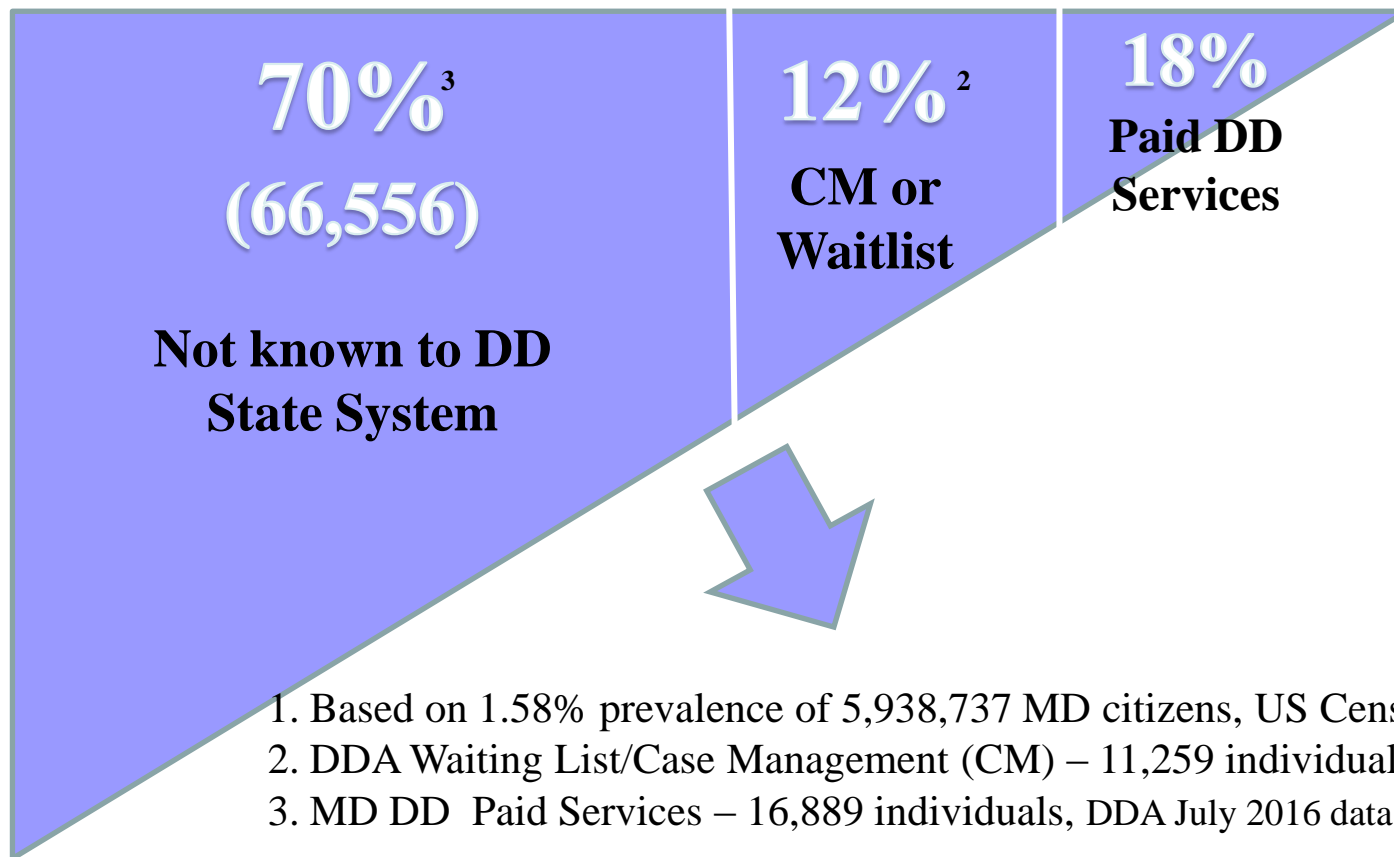
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Marylanders with I/DD

Estimated 93,830 individuals in MD with Developmental Disabilities¹



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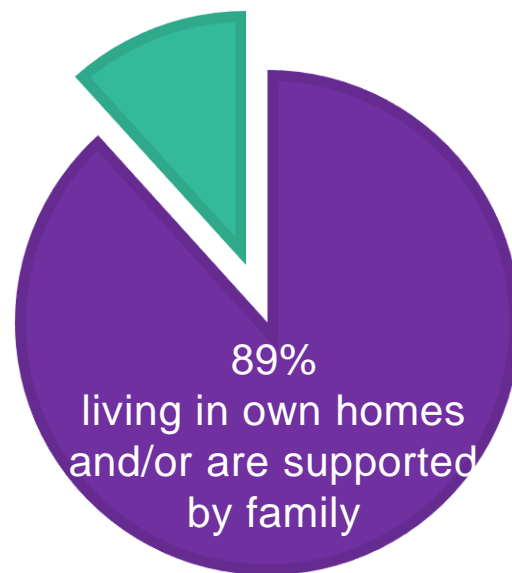


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WHERE DO PEOPLE WITH I/DD LIVE?

NATIONAL TOTAL OF 4.7 MILLION PEOPLE WITH IDD

■ Own or With Family ■ Residential Supports



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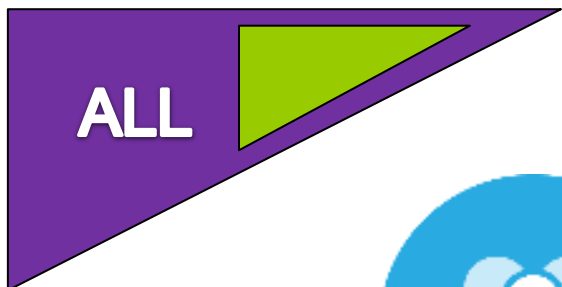
Anderson, L.L., Larson, S.A., Kardell, Y., Hallas-Muchow, L., Aiken, F., Hewitt, A., Agosta, J., Fay, M.L., & Sowers, M. (2015). *Supporting Individuals with Intellectual or Developmental Disabilities and their Families: Status and Trends through 2013*. Minneapolis: University of Minnesota, Research and Training Center on Community Living, Institute on Community Integration.



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The LifeCourse Framework Guiding Principles

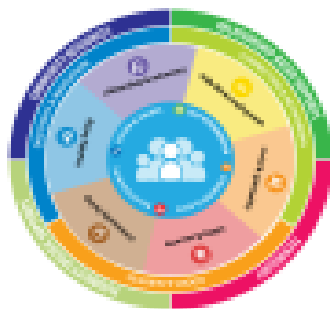
All people have the right to live, love, work, play and pursue their aspirations in the community.



All people regardless of age, ability or family role. In service or not, known or unknown to the system



Family Systems & Cycles. People exist and have give-and-take roles within a family system, which adjust as the individual member change and age.



Life Outcomes. Individuals and families focus on life experiences that point the trajectory toward a good quality of life. Based on current support structures that focus on self-determination, community living, social capital and economic sufficiency, the emphasis is on planning for life outcomes, not just services

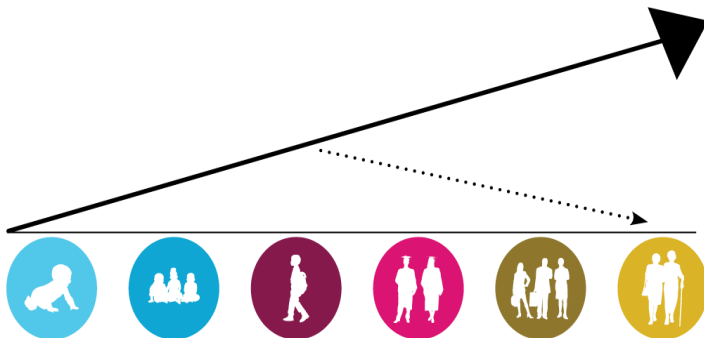
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Guiding Principles continued...



Life Domains. People lead whole lives made up of specific, connected, and integrated life domains that are important to a good quality of life, including daily life, safety and security, community living, healthy lifestyle, social and spirituality, and citizenship and advocacy.

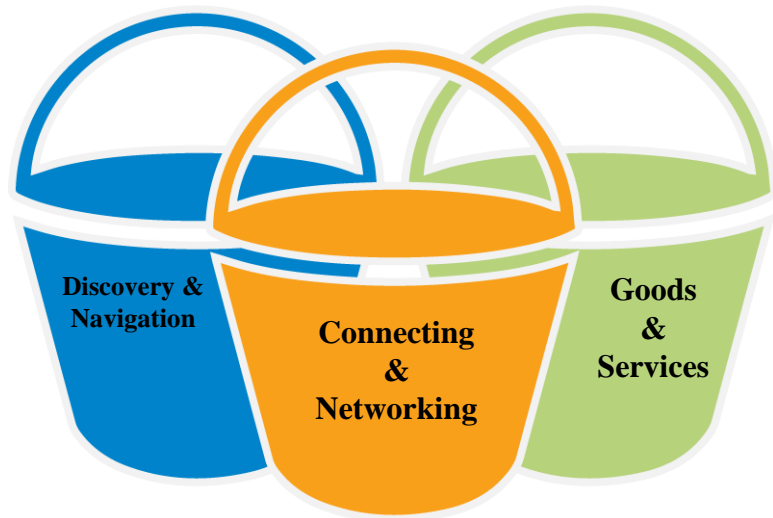


LIFE Stages & Trajectory. Individuals and families focus on a specific life stage, with an awareness of how prior, current, and future stages and experiences impact and influence life trajectory. It is important to have a vision for a good, quality of life and have opportunities, experience and support to move the life trajectory in a positive direction.

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Guiding Principles continued...



✧ **Individual & Family Supports.**
Supports address all facets of life and adjust as roles and needs of all family members change.

- **Discovery & Navigation** – information, education, skill building
- **Connecting & Networking** – peer support.
- **Goods & Services** – daily living and financial supports

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Guiding Principles continued...



Integrated Delivery of Support. Individuals and families utilize an array of integrated supports to achieve the envisioned good life. Including those that are publically funded and based on eligibility, community supports that are available to anyone, relationships based supports, technology, and that take into account the assets and strength of the individual and family.



Policy & Systems. Individuals and families are satisfactorily involved in policy making so that they influence planning, policy, implementation, evaluation and revision of the practices that affect them. Every program, organization, system and policy maker must always think about a person in context of the family

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POLICY & SYSTEMS

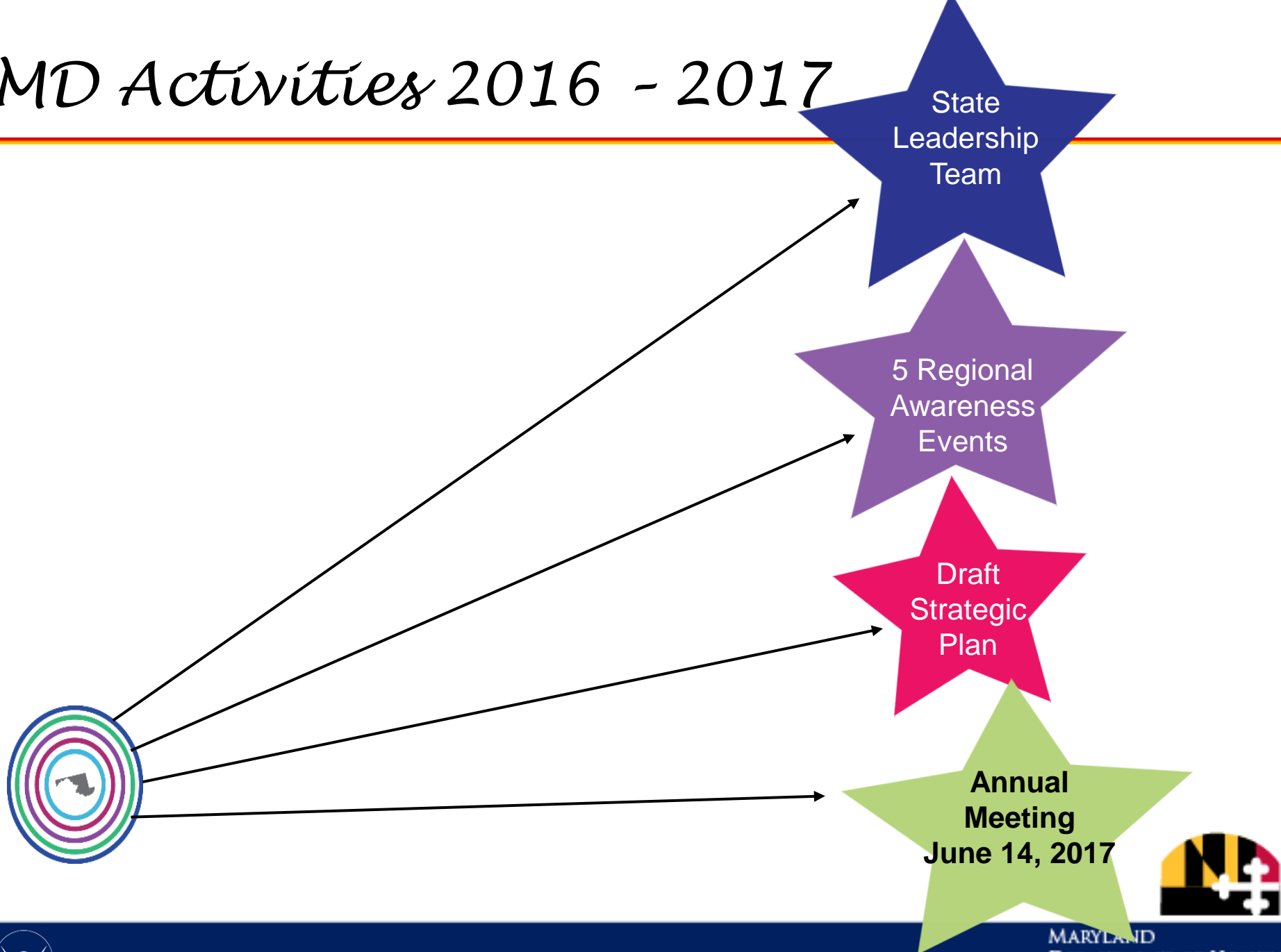


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MD Activities 2016 - 2017



Family Supports Waiver Steering Committee

- ✧ Provide input regarding services to be included in the waiver
- ✧ Review recommendations from other stakeholders (e.g. the Developmental Disabilities Council and Consultants)
- ✧ Composed of a diverse group of parents
 - Age of parent and child
 - Culture
 - Disability
 - Relationship

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DDA Regional Offices - Family Leads

Central MD Regional Office

Ms. Norma Matthews
1401 Severn St.
Baltimore, MD 21230.
410.234.8200
Maryland Relay: 1-800-735-2258
TOLL FREE: 1-877-874-2494

Eastern MD Regional Office

Ms. Debbie Balea
926 Snow Hill Road
Cottage 100
Salisbury, MD 21804
Toll Free: 1-888-219-0478
TDD Line: 1-800-735-2258

Southern Maryland Regional Office

Ms. Jennifer Williams
312 Marshall Ave., 7th Floor
Laurel, MD 20707
Telephone: (301)362-5100
TDD: (301)362-5131
TOLL FREE: 1-888-207-2479

Western Maryland Regional Office

Ms. Michelle Haden
1360 Marshall Street,
Hagerstown, Maryland 21740
Telephone: (301)791-4670
Maryland Relay: 1-800-735-2258
TOLL FREE: 1-888-791-0193

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MD Supporting Families Community of Practice DDA Contact

Mary Anne Kane Breschi

Maryland Developmental Disabilities Administration

Director of Family Supports

410.767.8880

mary.kane-breschi@maryland.gov



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New DDA Support Waivers



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New DDA Support Waivers

➤ Capped Supports Waivers:



- ✓ Federal - Section 1915 (c) Medicaid Home and Community-Based Services Waivers
- ✓ States have found them to be an important tool in serving individuals who have been on a waiting list for services
- ✓ Lower per-person costs than comprehensive waivers (e.g. Community Pathways)
- ✓ States have been able to ensure more individuals are reached on the waiting list

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New DDA Support Waivers

Goals for the new waivers include providing:

- Innovative service options that support MD's Supporting Families Community of Practice
- Individual and family self-direction opportunities
- Flexibility for individuals and families to move dollar amounts among line items within their approved person-centered/family-centered plan to meet the emerging and cyclical needs of the child and family
- Short-term exceptions to the overall budget caps based on exceptional needs (for example family caregiver support needs, post hospitalization, short term nursing needs)



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Family Supports Waiver

- Support people on the DDA waiting list ***under age 22***
- 400 individuals and families
- Variety of community-based service options for after school, nights, and weekends
- Implementation to begin January 2018
- \$12,000 annual per person service funding cap
- \$2.4 million Total Funds (\$1.2m General Funds + \$1.2m Federal Funds)



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Family Supports Waiver

➤ What services to offer to meet the needs of families?

- ✓ National Best Practices
- ✓ Family Support Steering Committee
- ✓ DD Coalition Survey
- ✓ Regional Forums
- ✓ Official Public Input



Providing the *right services*
at the *right time* for families *in need*.

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Family Supports Waiver

➤ National Best Practices

- ✓ Supporting Families Community of Practice

<http://supportstofamilies.org/>



- ✓ Consultant researched 22 states to gather information on the waivers that, in whole or part, provide support to individuals living at home with their families
- ✓ These states were identified by the National Association of State Directors of Developmental Disabilities Services (NASDDDS)

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Family Supports Waiver

➤ Family Support Steering Committee

❖ Diverse group of parents/caregivers including:

- ✓ Age of parent
- ✓ Age of children
- ✓ Culture
- ✓ Disability
- ✓ Relationship



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Family Supports Waiver

➤ Family Support Steering Committee – Discussion Questions

1. What types of supports and services do children (young, elementary, middle school, and high school) with developmental disabilities need in their homes?
2. What types of supports do children with developmental disabilities need in their communities?
3. What types of supports and services do children with developmental disabilities need after school, in the evening, or on the weekend?



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Family Supports Waiver

- Family Support Steering Committee – Discussion Questions *continued*
- 4. What other types of supports and services do children with developmental disabilities need?
- 5. What types of supports and services do family members (parents, siblings, etc.) need?
- 6. Other thoughts, suggestions, challenges, etc?



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Family Supports Waiver

- Family Support Steering Committee - Service Themes
 - ✓ Assistive Technology
 - ✓ Community Support and Navigation
 - ✓ Environmental Modifications
 - ✓ Family Caregiver Training
 - ✓ Family Empowerment Supports
 - ✓ Family-to-Family Support
 - ✓ Individual Education and Training
 - ✓ Peer-to-Peer Support
 - ✓ Respite
 - ✓ Self-Advocacy Supports
 - ✓ Supportive Home Care



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Family Supports Waiver

- Developmental Disability Coalition Survey
 - ✓ Created by the DD Coalition
 - ✓ Used same Family Support Steering Committee Discussion Questions
 - ✓ Survey conducted from April 27 – May 9



*Developmental Disability Coalition consists of People on the Go, Developmental Disabilities Council, ARC MD, Disability Rights Maryland, and MACS

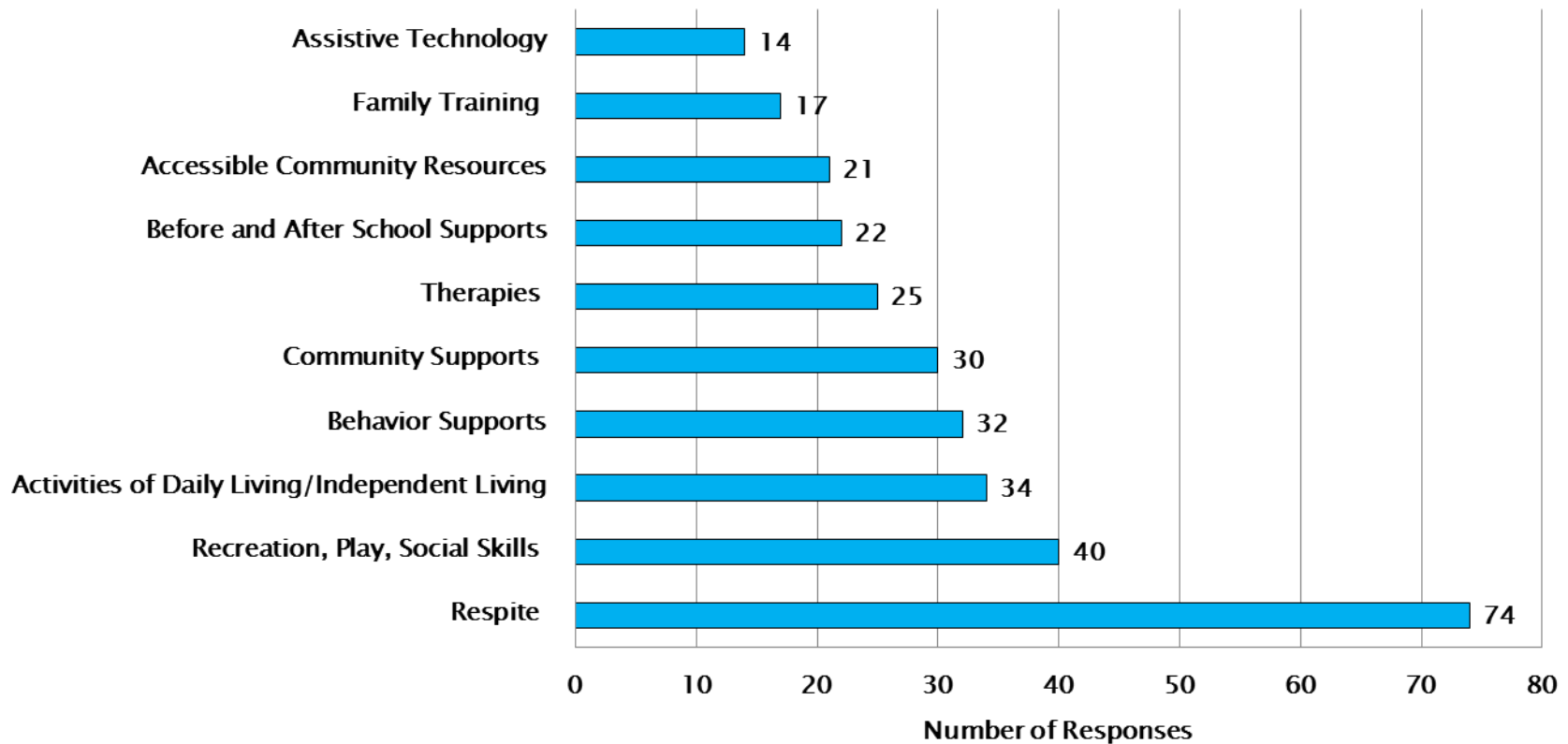
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Family Supports Waiver

Maryland Family Support Waiver Survey Top 10 Identified Services



*Data represents 52 responses related to the six questions

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Family Supports Waiver

Regional Forums –

- ✓ To share information
- ✓ To get input on Family Support Waiver draft waiver service definitions
- ✓ Family Support Waiver draft waiver service definitions:
 - ❖ should be reviewed prior to the event
 - ❖ will be posted to the DDA Website by June 9th

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Family Supports Waiver

Regional Forums - Who should Attend?

- ✓ Family Members with a child under 21 years on the DDA Waiting List
- ✓ Family Members with a child under 21 years with a developmental disabilities not receiving DDA funded services
- ✓ Parent and Family Advocacy organizations
- ✓ Community Service agencies interested in providing services under the new waiver program

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Family Supports Waiver

Regional Forums – June 19th – 22nd from 6 to 8 p.m.

<p><u>Central Maryland</u> June 19, 2017 The Meeting House 5885 Robert Oliver Place, Columbia, MD 21045</p>	<p><u>Southern Maryland</u> June 20, 2017 Bowie Comfort Inn 4500 Crain Hwy, Bowie, MD 20716</p>
<p><u>Western Maryland</u> June 21, 2017 Clarion Inn 5400 Holiday Drive Frederick, MD</p>	<p><u>Eastern Shore</u> June 22, 2017 Quality Inn 8523 Ocean Gateway Easton, MD 21601</p>

*DDA notice and registrations links sent out today!

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Family Supports Waiver

Regional Forums –

- Individuals that are unable to attend the forum can share their input via a dedicated email at wfb.dda@maryland.gov through June 23, 2017 in addition to the official public input in July 2017.

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Community Supports Waiver

- Support people on the DDA waiting list **of any age**
- 400 individuals and families
- Variety of community-based service options with the exception of residential services
- Implementation to begin January 2018
- \$25,000 annual per person service funding cap
- \$5 million Total Funds (\$2.5m General Funds + \$2.5m Federal Funds)



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Community Supports Waiver

- What services to offer?
 - ✓ Community-based service options offered under the Community Pathways Waiver (e.g. employment supports, personal supports, respite, assistive technology, behavioral supports, etc.) with the exception of residential services
 - ✓ Provided in settings that meet the federal Community Settings requirements

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Next Steps

- DDA Family Support Waiver Regional Forums June 19th – 22nd , 2017
- State review of input for consideration of final revisions – June 2017
- Official final public inputs – July 2017
- Waiver submissions to CMS – September 2017
- Respond to CMS questions – September through December 2017
- Projected CMS approval – December 2017
- Projected effective date – January 2018



DDA Website Information

➤ **DDA FAMILY SUPPORTS Waiver**

https://dda.health.maryland.gov/Pages/DDA_FAMILY_SUPPORTS_Waiver.aspx

➤ **DDA Family Supports Waiver Public Forums**

https://dda.health.maryland.gov/Pages/DDA_Family_Supports_Waiver_Public_Forums.aspx

➤ **DDA FAMILY SUPPORTS Waiver Proposed Services**

https://dda.health.maryland.gov/Pages/DDA_FAMILY_SUPPORTS_Waiver_Proposed_Services.aspx (Available 6/9/17)



Questions



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